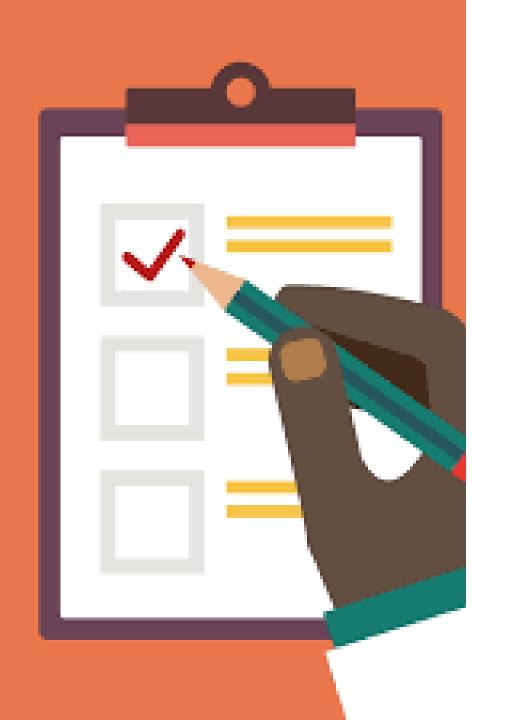
Outreach Plans

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Agenda

- Outreach Plan Overview
- Safety During COVID Pandemic
- Discussion of Adjustments to Plans
- Next Steps for Updating and Submitting Plans to DMHAS



lce Breaker: Silver Linings

WHAT POSITIVE THINGS HAVE YOU BEEN ABLE TO ACHIEVE WITH A CLIENT BECAUSE OF OR DESPITE COVID?



Outreach Plan Overview

Goals

Support coordinated and collaborative outreach effort in each CAN that:



- Rapidly connects unsheltered homeless persons to safe housing and supports, reducing length of homelessness;
- Identifies people living in unsheltered locations, reducing associated risks;
- Minimizes duplication of services; and
- Uses all available resources strategically to end unsheltered homelessness for as many people possible prioritizing most vulnerable and those who have been homeless the longest.

Resources

- Outreach Plan Template
 - ✓ tool to help PATH projects achieve goals and meet monitoring requirements
- SAMPLE Completed Outreach Plan



Outreach Plan Sections

- Canvassing Schedule
- In-Reach Schedule
- Engagement Plan Most Vulnerable
- Case Management: All Clients or Targeted
- Phone/Email Outreach Schedule
- Other critical staff tasks: e.g., documentation, team meetings, CAN meetings

- Coverage during staff absences
- Uncovered geographic areas
- Systems Gaps
- Emergency Plans
- Engagement Supplies
- Public Awareness/PIT
- Monthly Supervisor Review
- Semi-Annual CAN/DMHAS Approval



Monitoring - Outreach Plan Items



PATH Monitoring Guide:

- Covers the entire CAN
- Prioritizes vulnerable
- Street outreach outside of regular business hours – when most likely to encounter clients at sleeping locations
- Specific, year-round canvassing schedule
- Plan to engage hard to find populations (youth, undocumented immigrants, families, etc.)
- Addresses physical needs (blankets, food, masks, water, sunscreen, hygiene, etc.)

Monitoring - Outreach Plan Items (2)



- In-reach schedule (e.g., libraries, soup kitchens)
- Phone/email outreach to people who can refer clients in areas not otherwise covered by outreach
- Response to public concerns
- Schedule for other critical staff tasks
- Coverage plan for staff absences
- Response to cold/heat/storms and other emergency conditions

Monitoring - Outreach Plan Items (3)



- Follow up on vulnerable people identified during PIT count
- Use of template
- Updated/approved by supervisor monthly
- Sign-off on plan by CAN/DMHAS semi-annually



Documentation Required for Monitoring

OUTREACH PLAN
TEMPLATE MEETS ALL
MONITORING
REQUIREMENTS
RELATED TO THE
OUTREACH PLAN



Staff & Client Safety During COVID

Keeping Safe During Outreach



Wash or sanitize hands before & after each encounter



Outreach outdoors in well-ventilated areas



Maintain at least 6 feet between you and client



Establish disaster response protocols



Screen for <u>symptoms</u> – communicate with health department

Medium to Very High Risk Use PPE

Frequent handwashing, using face mask or covering, maintaining physical distance of 6 ft. or more when possible, and other PPE when appropriate (e.g. gloves, isolation gown).



High population density environments including congregate shelters and encampments



Remote workers, those working from home during the pandemic.



Face-to-face, in person meetings to provide housing navigation, case management, and street outreach



Workers providing only telehealth or remote services.

Lower Risk

Use Fabric Covers

Frequent hand washing, using cloth

covering, and maintaining physical

distance of 6 ft. or more from others

while in public spaces.



Workers exposed to, or providing care for, known or suspected COVID-19 patients.



Workers who **do not** have frequent close contact with others or work behind glass or protective barriers. 13

Safety During Outreach (3)

- Ensure staff who are interacting with sick clients have appropriate PPE. (See CDC Infection Control Guidelines & next slide).
- Avoid transport without <u>vehicle adaptations</u>, <u>protocols</u>, & training.
- Staff at high risk of severe COVID-19 should avoid face-to-face interactions.
- Cross-train staff.
- Provide regular supervision
 - adjust communication methods for remote/hybrid work conditions, new schedules and changing outreach plan



Staff Self-Care

Use self-care practices at home and at work, as appropriate, to support coping and managing stress

- o Acknowledge and reduce stress by:
 - taking breaks
 - asking for help
 - exercise
 - healthy eating
 - sleeping
 - meditation
 - avoiding alcohol and drugs
 - connecting with others



Reducing Client Risks

- Provide accurate information (Fliers)
- Work with partners to avoid encampment clearing
- Separate well people from sick people providing access to hotels/motels for isolation when available/appropriate
- Encourage tents/sleeping quarters with at least 12 feet x 12 feet per individual
- Encourage frequent hand washing set up stations (<u>DIY Handwashing</u> <u>Stations</u>)
- Facilitate access to toilet/shower facilities
- Assist to obtain any needed medications and access to narcan



Reducing Client Risks (2)

- Distribute hygiene and care kits & weather-proof supplies
 - Water & Food
 - Pedialyte or powdered Gatorade
 - Tissues & plastic resealable bags for trash disposal
 - Hand sanitizer & alcohol wipes
 - Masks, gloves & trash bags
 - Soap, shampoo, & feminine hygiene products
 - List of local health, mental health, and substance use counseling and hygiene resources.
 - Educational material on COVID19 that contains basic information on symptoms and when to seek medical care
- Plan to obtain food safely
- Obtain client contact info & document in a shared system





Reducing Client Risks(3)

Coordinate discharges from correctional/health care settings

Facilitate access to cell phones and minutes: Phone Carrier Information

Consider using colored, laminated signs:

- Green = I'm okay & don't need help
- Yellow = Please check-in
- Red = I need assistance

Reducing Client Risk (4)

Continue to advocate for permanent housing

Provide/facilitate:

- Access to testing
- Access to medical care as necessary
- A means to quarantine/isolate as necessary (hotels/motels or individual tent)

Harm Reduction

- Harm Reduction Coalition: https://harmreduction.org/miscellaneous/covid-19-guidance-for-people-who-use-drugs-and-harm-reduction-programs/
- Vital Strategies: https://www.vitalstrategies.org/resources/practicing-harm-reduction-in-the-covid-19-outbreak/



Next Steps

Outreach Plan – Steps for updating



- Discuss the plan(s) at your CAN.
- 2. Update the plan template.* see next slide
- 3. Have a CAN representative sign the updated plan(s).
- 4. Submit to DMHAS for approval by 8/31/20.
- 5. PATH supervisor reviews monthly and updates the plan(s) as needed.
- Continue to submit to the CAN and DMHAS for approval every 6 months.

When Updating Outreach Plan

How has your plan changed due to COVID-19?

- Canvassing and In-Reach
- List of program participants with greatest vulnerability changed?
- Deviation in provision of full case management to all or a specific portion of participants?
- Phone/Email Outreach Schedule
 - Providers/locations that make sense given COVID to add to this list, and other localities that are not relevant due to closures?
- Coverage!
- Emergency Plan Add protocol for infectious disease outbreak
- Supplies add masks, gloves, etc.



Outreach Plan Timeline

- Plans approved by CANs/DMHAS 2 times per year
- March 2020 Original plans submitted to/approved by DMHAS
- July & August 2020 Update plans and get CAN approval
- 8/31/20 Updated plans due to DMHAS





Tools

Outreach Plan Template
Sample Outreach Plan
Assessment & Service Plan
Housing Target Tracking Tool
Consumer Survey



Questions?

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