

Wearing a mask that fits tightly to your face can help limit spread of the virus that causes COVID-19

In lab tests with dummies, exposure to potentially infectious aerosols decreased by **about 95%** when they both wore tightly fitted masks



Cloth mask over medical procedure mask



Medical procedure mask with knotted ear loops and tucked-in sides



Mask fitter



Nylon covering over mask

Other effective options to improve fit include:

CDC.GOV

bit.ly/MMWR21021

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