



**BOS COVID-19
Office Hours**

November 5, 2021



MOMENT OF SILENCE



Announcements



Moving On from Supportive Housing (MOSH) Strategies CT BOS November 2021

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Agenda

- What is MOSH?
- Why Implement Move On Strategies?
- Strategies to Help People Move On
- Benefits and Challenges to Moving On
- Keys to Successful Implementation
- **NOTE: Recording in Progress**

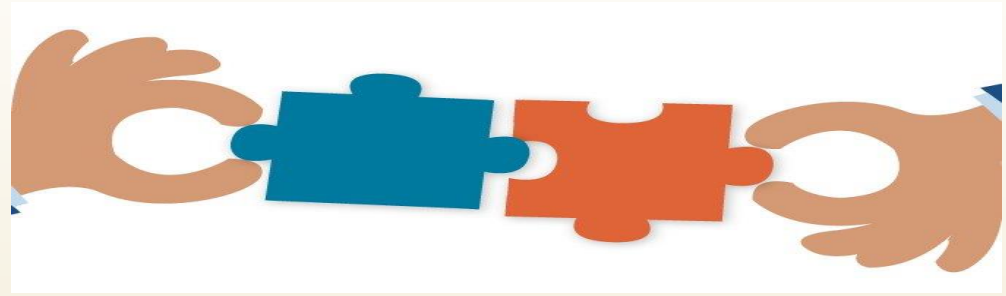


Introductions

- Andrea White, Housing Innovations
- In the chat box:
 - Introduce yourself, your name, your agency or role, and your favorite ice cream flavor AND
 - Describe a person/family you are currently working with is ready to move out of supportive housing and why.



What is Moving On?



- Help tenants who no longer require on-site services to transition from supportive housing to private apartments with, or without, rental support and less intensive community-based services.
 - Please note a big opportunity now is the Emergency Housing Voucher (EVH)
- Allows providers to then fill now-empty units with people who are most in need of supportive housing.
- Has become a HUD focus
- Earliest efforts starting almost 20 years ago
- Some examples from the Chat box

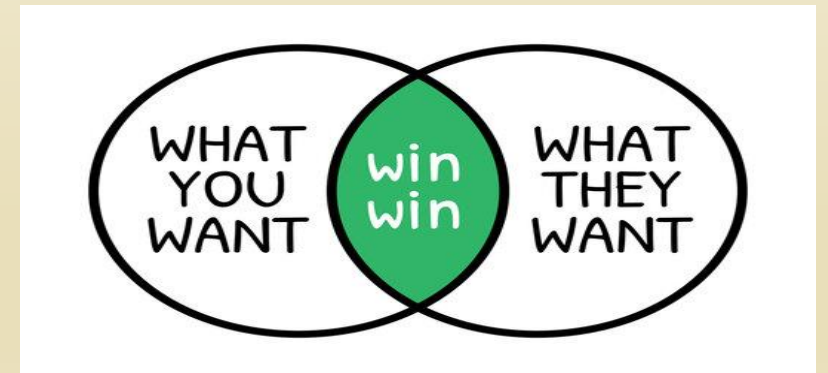
What is Moving On? - 2

- Spirit of MOSH
 - Recovery oriented
 - Promotes self-determination
 - An individualized process
 - Voluntary
 - Self-directed by the consumer
 - A process that starts in the PSH program and stabilization/transition strategies that continue through move in



Why Implement Moving On Strategies?

- Helps tenants meet the next set of goals in their lives
- Tenants learn skills and stabilize and don't need intensive services any longer – supportive housing works!
- Higher demand for supportive housing than availability
- Emergency Housing Vouchers in CT are targeted to people moving on from PSH and administered through the CANS!
- USICH Home Together (2018-2022) Strategic Plan cites Move-On strategies as an essential part of the solution to ending homelessness.



Assessment and Planning - Motivation

Assessment for Moving on will occur in their PSH, both single site and scatter site

Motivation: they are interested in moving on so that....?

- This will give you the longer-term goals which build motivation
 - I want to move out so that I can have a girlfriend/boyfriend
 - I want to move out so that my children can live with me
 - I want a life after case management, if I can stay in my housing I will. I don't want someone to visit. I will find them if I need them.



Assessment and Planning – Skills and Resources

- What Skills and Resources does the tenant bring to moving on?
 - This will help to determine which options may best fit their needs
 - Will the person need assistance in finding another unit or can they stay where they are?
 - EVH may have the options to switch subsidies without moving apartments (for scatter site)
 - Some people will need housing location services to find a new unit.
 - Can the tenant work through some options when they have a tenancy issue?
 - Does the tenant know when to ask for help?
 - PSH program can build on their work to take this next step. You know what people have struggled with and what skills they have built



Practice Problem-Solving Strategies

<p>Issue:</p> <p>Landlord sends a late rent notice and tenant does not have the money</p>	<p>Strategies:</p> <p>Ignore it:</p> <p>Move out:</p> <p>Talk to landlord and build a plan:</p> <p>Ask friend / family for help:</p> <p>Call a lawyer:</p> <p>Call case manager:</p>	<p>What is likely to happen?</p> <p>Example: Ignore it – maybe landlord will forget</p> <p>Move out – because no way to fix this</p>
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Practice Problem-Solving Strategies -2

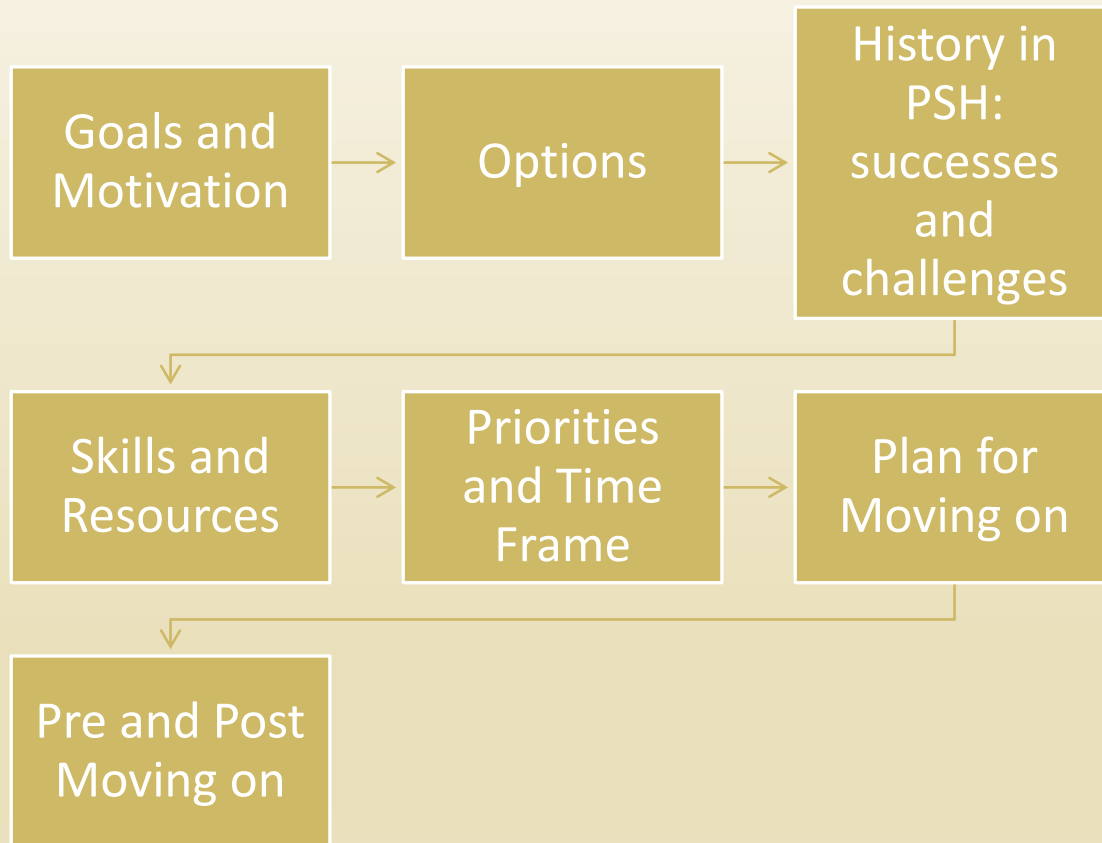
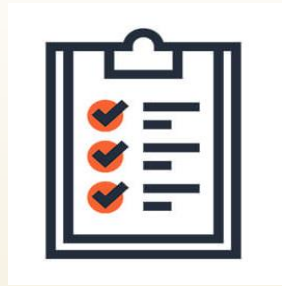
<p>Neighbor is making too much noise</p>	<p>Make noise myself: Move out: Talk to the neighbor: Take a walk: Punch the neighbor: Tell the landlord: Call the police: Call my case manager:</p>	<p>Example: talk to the neighbor: he won't lower the noise and will then harass me</p> <p>Call my case manager: he will know what to do and I won't get in trouble.</p>
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Assessment and Planning – Resource Network



- **Develop and Maintain a Resource Network**
 - Can the tenant negotiate for needed services: employment, benefits, landlord / property management, services and supports, transportation – others?
 - Will the current network transfer, are there any gaps?
 - Include social, my friend down the hall, watching the game with other tenants
 - Problem solve how to develop these resources
 - Increase negotiating skills
 - Aim here is that the Case Manager not be the nexus of tenant's life
 - Can the tenant identify when they need help: tenancy, legal, social, treatment, financial?
 - Pre-moving on can focus to work with PSH tenants on needed skills and resources to successfully move on
- **For moving on the tenants do not have to be issue free – who is?**
- **For moving on we have to have a plan to cope and maintain housing**

Planning



- Goals: both long term and limited short term goals
- Identify 1-3 focus areas of work that are time limited
 - Pre-MOSH focused on what is needed to move
 - Post-MOSH on solidifying the transition and addressing any challenges to housing stabilization and long-term goals
- Identify tasks for both worker and tenant to accomplish these goals
- Build the plan for monthly pre moving on
- Work with resources to develop a post moving on plan for making the transition
 - Keep in mind people may backslide
- Build the plan for every two months post move on – Can use CTI for service model

Moving On Strategies— Paying for Housing



- Many people need a long-term/permanent subsidy
 - EVH vouchers available through the CAN
 - Set asides of Section 8/Housing Choice vouchers
 - Units in affordable properties
- Employment
- Back pay from mainstream benefits
- Family reunification
- Major life changes- marriage, new relationship, children, etc.
- VA Home Loans

Challenges for the Tenant



- Loss of connections within the current housing community
- Moving from CM being the nexus to using a broader network of support.
- Not ready for increased responsibility
- Managing mental and physical health conditions
- Housing/neighborhood quality can decrease
- Moving On can be expensive

Benefits for the Tenant

- Freedom from service providers
- Increased independence
- Safer, more peaceful environment
- Reunite with family/friends
- Better access to work/services etc.
- More social/community integration
(Tiderington, Livingstone, & Herman, 2017)



- **Poll 1: Interest in Moving On**

Challenges for Providers



- Losing your favorite consumers
- Fearing they won't succeed without you
- System issues
- Lack of affordable housing
- Additional workload – getting new higher need tenants and following people who have moved on
- Lack of funding
- Organizational culture

Benefits for the Provider

- Provides “churn” so others can access supportive housing units
- Helps people achieve having a life after case management
- Staff feel a sense of success in their work
- Follows the aim of the recovery model to encourage people to move forward
- Provides a PATH to more independence which incentivizes building tenancy skills
- Can serve higher-need more vulnerable people
- Other benefits?



Themes



Keys to Successful Implementation

- Organizational buy-in
- Have ongoing discussions of Moving On with tenants (discuss at Service Plan Review)
- Teach tenancy skills and address barriers to tenancy
- Use Peers/Alumnae to build motivation and skills
- Develop move-on plan
- Connect to community resources
- Provide aftercare (preferably for at least 6 months)
- **Poll 2: MOSHING**





Wrap up and Questions

Resources



Full MOSH training info:

http://license.rutgers.edu/technologies/2019-123_moving-on-from-supportive-housing-mosh-training

CSH Moving on Toolkit:

https://www.csh.org/wp-content/uploads/2018/07/MovingOnToolkit_Complete.pdf

Services Needed and Received when Moving on from Supportive Housing:

Emmy Tiderington, Jordan M. Goodwin, Laurent Reyes & Daniel Herman (2021) Services needed and received when moving on from permanent supportive housing, Journal of Social Distress and Homelessness, DOI: [10.1080/10530789.2021.1879615](https://doi.org/10.1080/10530789.2021.1879615)

Center for the Advancement of CTI: www.criticaltime.org

Upcoming Meetings



SC Meeting Schedule

- **November meeting cancelled**
- December 17, 2021; 11-12:30
- January 21, 2022; 11-12:30
- February 18, 2022; 11-12:30*
*Semi-Annual Meeting
- March 18, 2022; 11-12:30
- April 22, 2022; 11-12:30
- May 20, 2022; 11-12:30
- June 17, 2022; 11-12:30

COVID Office Hours

- December 3, 2021; 11-12
CLIP Training (Consumer Leadership Involvement Project)

Zoom Info for all meetings:

- [Meeting link](#)
- Meeting ID: 956 4487 8479
- Password: 414595
- Call-in number: 646-876-9923

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