
Case Conferencing Working with People Using Substances

PATH Programs
May 17, 2023

Connecticut DMHAS

Welcome

Introductions

- DMHAS
- Mollie Machado Mollie.Machado@ct.gov
- Shelly Nolan Shelly.Nolan@ct.gov
- Housing Innovations
 - Andrea White awhite@housinginnovations.us
- Participants
 - Introduce yourselves in the chat – name, program, location
- Housekeeping
 - PLEASE TURN YOUR CAMERAS ON AS MUCH AS YOU CAN
 - Please speak up, everyone wants to hear what you think!



A graphic featuring the word "AGENDA" in large, white, 3D-style letters. The text is centered and surrounded by a cluster of colorful, semi-transparent squares in shades of blue, orange, green, yellow, and pink. Some of these squares contain small icons, such as a calendar, a clock, and a star. The background is white, and the entire graphic is set against a light beige gradient background with a thin horizontal line passing through it.

AGENDA

- Introductions
- Brief Review of Last Training
- Group Case Discussion
- Identify Follow-up
- Closing

Review of Last Session



Working with People Using Substances

- The PATH program's objective is to connect individuals to mental health services and stable housing.
 - Tasks to support the goals including assessment and planning, connecting to resources and increasing income
- Substance Use Disorder Diagnosis is based on behavior
 - Behaviors that can interfere with housing access and retention
- PATH Services and Techniques
 - Engagement, Goal Setting, Planning, Reviewing Options, Connection to Resources, increasing Income and Connection to Housing Resources
 - Stages of Change and Motivational Techniques
 - Using Harm Reduction Plans to Identify Strategies to access services, resources, access and sustain housing

* photo from City of San Diego Outreach Team

Discussion

Take an example of someone you serve, or an example provided

- Talk about what your assessment of the situation is
- What are they asking for, what are their goals?
- What techniques would help or describe what you have done – example engagement, goal setting, motivational techniques, planning
- What are their resource options?
- What do they need to reach their goals?
- What are the challenges?
- What has worked before in similar situations?
- * photo from Community Health Center of the Black Hills



Case Study Examples

Ben is living under a bridge. He has tried shelters, but it is too much for him. He also does not like the curfews. He tells you sometimes he needs a drink at night, and they don't allow that. The history you know is he worked as a roofer. He was injured on the job and started drinking a lot. He was unable to pay his bills and lost his house. His family left. Since then, he stays with friends sometimes, sleeps outside and occasionally tries a shelter. He wants help getting disability payments, and maybe buying a car. He tells you if you meet earlier in the morning he can think more clearly.

Gina uses heroin, that she says is probably a lot of fentanyl. She has had to be revived with Narcan twice. It scared her. She was taken to the hospital both times by EMS and was offered services, all she declined. She reports she once experienced withdrawal from heroin, and it was awful. She has been told fentanyl is worse. She is worried. She is also worried what her life may be like without it. She sleep outside and she asks how you would deal with that. She says she needs a little peace. We also know she has been assaulted multiple times outside which may have been affected by being high and not as able to defend herself. She does take risks to get the money for the drugs. You worry that she is not safe.