## CT DMHAS Projects for Assistance in Transition from Homelessness (PATH)

**2023 Abbreviated Monitoring Guide** (Updated 12/14/22)

Report Date: Monitoring Date:

Agency: Subrecipient (s):

Coverage Area: Visit Location: Remote (Zoom)

Levels of Service				
	Current Year: 9/1/22 - 8/31/23	Mos	t Recently Completed \ 9/1/21 - 8/31/22	Year:
	Contracted Annual # of Participants (Based on IUP)	Contracted Annual # of Participants (Based on IUP)	Actual # of Participants Served (Based on Annual Report )	Difference between Actual and Contracted
Unduplicated # of participants contacted:			Note: Partial Enrollment function in HMIS was not available for full year	
Unduplicated # of participants enrolled:				

**PATH Project Staff Participating in Visit (include titles):** 

Housing Innovations Staff that Conducted Monitoring (include titles):

**DMHAS Staff Participating in Monitoring:** 

**Note Regarding the 2023 Abbreviated Monitoring Guide:** Requirements included in this guide will be monitored in 2023. For a complete list of PATH requirements see the full <u>Monitoring</u> Guide.

**GOAL OF PATH PROJECT MONITORING:** To support a coordinated, collaborative, outreach effort in each CAN that:

- quickly connects unsheltered homeless individuals and families to safe available housing, income, health/behavioral healthcare and other supports;
- identifies people living in unsheltered locations and helps them to reduce the associated risks;
- minimizes service duplication; and
- uses available resources strategically to end unsheltered homelessness for as many people as possible, prioritizing those who are most vulnerable and/or have been homeless the longest.

	Participant Status Definitions
Outreach	Participants who have not been enrolled either because they have not
Participants	been determined eligible or are not willing to participate in services.
Enrolled	Participants who have been determined to be eligible for PATH services,
	have indicated willingness to participate in services, and whom have
Participants	not been discharged.
<b>D</b>	The # of direct care staff and # of participants on each staff's caseload
Participants	should be documented in the IUP. Projects without sufficient staff to
receiving Full	provide full case management services (i.e., including needs assessment
Case	and service planning) to all enrolled participants may seek approval
Management	from DMHAS for limiting the number of participants for whom the
Services	project provides these services. That number must be documented on
Scrvices	the outreach plan. The outreach plan must be approved by DMHAS.
Discharged	Enrolled participants shall be discharged when they meet the criteria
Participants	defined in #38 of this Guide. Enrolled participants shall not be
	discharged for other reasons.

## FINDINGS HIGHLIGHTED IN PINK: Signify significant findings. Submission of a corrective action plan is required. DMHAS will send a template and instructions for the corrective action plan with the final report. Signify area of non-compliance with PATH requirements. Findings should be corrected. Submission of a corrective action plan is not required. AREAS HIGHLIGHTED IN GREEN: Signify best practice recommendations. Action is not required.

Reviewer Impre	essions:			
SECTION 1: PAF	RTICIPANT CHAR	TS SELECTED		
	Monitoring team will review the spreadsheet or other tracking system used to record			
	engagement attempts, contacts, and referrals for outreach participants.			
	am will randomly se ndicate initials of ch			
#1:	#2:	#3:	#4:	#5:
"1.	"2.		"…	
☐ Discharge	☐ Discharge	☐ Discharge	☐ Discharge	☐ Discharge
	- Discharge	_ Discharge	_ Discharge	_ Discharge
#6:				
□ Discharge				
Reviewer Commen	ts:	ı	1	1

SECTION 2: ADMINISTRATIVE REQUIREMENTS
<ol> <li>Number of participants. Are the number of unduplicated participants enrolled and contacted during the last complete operating year consistent with the contracted level as indicated in the project's Intended Use Plan (IUP)?</li> <li>Yes</li> <li>No</li> <li>Guidance: PATH projects must maintain a utilization rate of at least 90% of commitments as defined in the Intended Use Plan.</li> </ol>
Reviewer Comments:
<ul> <li>2) Scope of services.</li> <li>A. Is the scope of services actually being provided consistent with the applicable Intended Use Plan? O Yes O No</li> <li>B. Was the IUP submitted to DMHAS on-time? O Yes O No</li> </ul>
Reviewer Comments:
<ul> <li>3) Reporting requirements. Were reports submitted on time:</li> <li>A. Most recent PATH Annual Data Report?</li> <li>Yes</li> <li>No</li> </ul>
Reviewer Comments:
<ul> <li>4) Consumer satisfaction. Does the project survey PATH consumers at least annually?</li> <li>Yes O No</li> </ul>
Reviewer Comments:
<ul> <li>5) HMIS</li> <li>A. Based on information reviewed during monitoring, was the client list submitted from HMIS accurate? O Yes O No</li> <li>B. Does the Services Summary Screen in HMIS reflect that the project is generally using HMIS to record services delivered. (Best Practices Recommendation)</li> <li>O Yes O No</li> <li>C. Does the Referrals Summary Screen in HMIS reflect that the project is generally using HMIS to record services delivered. (Best Practices Recommendation) O Yes O No</li> </ul>
Paviouer Comments:

6) <u>Staff Onboarding.</u> Does the project have a staff onboarding plan that includes the elements outlined in the PATH Supervisors Onboarding Webinar (<u>slides</u>; <u>recording</u>)?

Was onboarding for staff who joined the PATH team conducted in a manner that is		
consistent with the onboarding plan? O Yes O No		
Reviewer Comments: New in 2023		
7) Staff Training. Have outreach workers participated in professional development activities, including at least 12 hours of training in the past year on topics relevant to provision of street outreach services (for example: assertive engagement, identifying/responding to signs of mental illness & addiction, identifying/responding to signs of overdose, Housing First, Motivational Interviewing, safety assessments, crisis intervention, trauma-informed care, and/or service planning)? O Yes O No		
Reviewer Comments:		
8) Faith-based organization – Religious non-discrimination. Do faith-based organizations have a written policy prohibiting any program that receives Federal funds from discriminating against program recipients on the basis of their religion, religious beliefs or the recipient's refusal to actively participate in a religious practice.  O Yes O No		
Reviewer Comments: New in 2023		
SECTION 3: ELIGIBILITY DETERMINATION REVIEW		
9) Determining eligibility.		
A. Does the project establish a concrete plan for engagement & determining eligibility		
as quickly as possible for each participant encountered? Yes No		
B. Does the project limit enrollment to those who have been determined or are		
suspected to be experiencing serious mental illness OR co-occurring serious mental		
illness and substance use disorders? O Yes O No		
C. Does the project make assertive efforts to obtain documentation of disability for		
all enrolled participants? O Yes O No		
D. Does the project limit eligibility criteria to those listed above? • Yes • No		
E. Are a minimum of 90% of the enrolled participants living in unsheltered locations		
or in emergency shelter? • Yes • No		
Reviewer Comments:		

## **SECTION 6: OUTREACH AND ENGAGEMENT SERVICES**

- 10) Outreach Plan.
- A. Is the outreach plan reviewed and approved by DMHAS and the CAN or another community-wide planning body at least semi-annually (i.e., in March and September) to

<ul> <li>ensure coordination with partners who may also be conducting outreach and to minimize duplication of services? O Yes O No</li> <li>B. Does the project conduct canvassing in manner that is consistent with the outreach plan? O Yes O No</li> <li>C. Do providers in the CAN meet regularly to identify gaps, address systems issues arising for outreach teams, and update the outreach plan? O Yes O No</li> <li>A completed sample outreach plan is available for reference.</li> </ul>
Reviewer Comments:
A.
B & C. New in 2023
11) Referrals from outside of the CAN. Is there a standardized process for organizations/individuals that do not participate in the CAN to make referrals for people living in unsheltered locations to receive outreach services and to determine which outreach project will initiate outreach services? O Yes O No
Reviewer Comments:
New in 2023
<ul> <li>12) Engagement.</li> <li>A. Does the project make consistent and assertive efforts to engage each participant enrolled? O Yes O No</li> <li>B. Is staff persistent despite any participant reluctance to engage? O Yes O No</li> </ul>
Reviewer Comments:
<b>SECTION 4: HOUSING FOCUSED CASE MANAGEMENT SERVICES</b> (applicable only to enrolled participants; applicable to all enrolled participants unless otherwise noted)
13) <u>Housing Navigation.</u> Do staff work persistently to assist participants in locating safe temporary accommodations and permanent housing that is consistent with their needs and preferences? • Yes • No
Reviewer Comments:

14) <u>CAN</u> — <u>Placement options.</u> Does the outreach project coordinate effectively with their local Coordinated Access Network (CAN) to ensure unsheltered participants are on the By-Name List (BNL) and to secure housing placements for participants accordingly? Oyes Oyes
Reviewer Comments:
<ul> <li>15) <u>Assessment</u>: For all enrolled participants<sup>1</sup>, does the project complete an assessment of participant service needs that meets these criteria<sup>2</sup>:         <ul> <li>A. Is an initial assessment completed within 30 days of project enrollment?</li> <li>Yes</li> <li>No</li> </ul> </li> </ul>
Reviewer Comments:
<ul> <li>16) Service Planning: For all enrolled participants<sup>3</sup>, does the project complete a service plan that meets these criteria<sup>4</sup>: <ul> <li>A. Is an initial service plan completed within 30 days of project enrollment?</li> <li>Yes</li> <li>No</li> </ul> </li> <li>B. Does the project use the Assessment &amp; Service Plan template provided by DMHAS for all enrolled participants receiving full case management services.?</li> <li>Yes</li> <li>No</li> </ul>
Reviewer Comments:
17) Mainstream benefits. Are enrolled participants screened for public benefits eligibility and assisted in applying for benefits? • Yes • No
Reviewer Comments:
18) <u>SOAR.</u> Are enrolled participants assisted, as appropriate, to connect to a SOAR trained case manager? O Yes O No
<sup>1</sup> If a project has insufficient case management resources to enable assessment & service planning with all

<sup>&</sup>lt;sup>1</sup> If a project has insufficient case management resources to enable assessment & service planning with all enrolled participants, the project may propose an alternative case management plan to DMHAS (e.g., conduct service planning with the 20 participants determined to be most vulnerable and/or homeless the longest). That alternative plan must be documented on the project's outreach plan, which must be approved by DMHAS & the CAN.

<sup>&</sup>lt;sup>2</sup> PATH projects are required to make assertive attempts to engage enrolled participants in the assessment and service planning process. Participants may opt not to participate. In such circumstances, projects should document engagement attempts.

<sup>&</sup>lt;sup>3</sup> See footnote #1.

<sup>&</sup>lt;sup>4</sup> See footnote #2.

Reviewer Comments:
19) Community-based services.
A. Do enrolled participant files include evidence that all participants are connected to
services to address health, mental health, addiction, educational, and vocational needs
and assisted to use community resources (e.g., schools, libraries, houses of worship,
grocery stores, laundromats, parks, etc.)? O Yes O No
Reviewer Comments:
20) Discharge planning.
A. Do participant files include evidence that participants are connected to appropriate on-
going services in advance of planned discharges? • Yes • No
B. Do outreach staff use "warm hand-offs" to help participants establish a relationship
with the providers from whom they will receive on-going services? (Best Practice
Recommendation) O Yes O No
Deviewer Comments
Reviewer Comments:
21) Discharge criteria. Does the project consistently discharge participants in the following
and only the following circumstances <sup>5</sup> :
and only the following circumstances.
i. Outreach workers from the PATH or another project have been unable to make
<ul> <li>Outreach workers from the PATH or another project have been unable to make contact with the participant in the past 90 days<sup>6</sup>.</li> </ul>
<ul> <li>i. Outreach workers from the PATH or another project have been unable to make contact with the participant in the past 90 days<sup>6</sup>.</li> <li>ii. The participant was placed in permanent or transitional housing more than 90</li> </ul>
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 $<sup>^{5}</sup>$  When extenuating circumstances warrant variance from these discharge criteria, projects must seek approval from DMHAS.

 $<sup>^{6}</sup>$  All contact attempts must be documented.

<sup>&</sup>lt;sup>7</sup> Projects may not retain enrolled participants for more than 90 days post placement without DMHAS approval. They may, however, discharge a placed participant before the 90 days has elapsed.

22) <u>Aftercare.</u>	Does the project make at least monthly attempts to contact discharged
participant	ts to assess on-going service needs and connect participants to appropriate
services as	necessary for at least three months post discharge?
Yes	O No
Reviewer Commen	its:
Reviewer Commer	its: