CONNECTICUT
Mental Health & Addiction Services

Street Outreach Field Safety Checklist (Quick Use Version)

Instructions: Use this tool flexibly. Build trust. Prioritize what is urgent. Offer help, not pressure.

1. Violence & Interpersonal Safety

☐ Do you feel safe where you sleep?
☐ Have you been threatened, harmed, or forced to do something against your will?
☐ Do you have a phone or way to call for help?

If unsafe: Identify safer location, buddy system, DV/trafficking resources, emergency options.

2. Weather Exposure

☐ Do you have warm/cool clothes, water, and shelter?
☐ Do you know where to go during storms/extreme temps?
☐ Do you get weather alerts?

If at risk: Provide gear or info, hydration tips, plan for storms/floods.

3. Substance Use / Overdose Risk

☐ Do you use drugs or alcohol regularly?
☐ Have you had any overdoses or close calls?
☐ Do you carry Naloxone (Narcan)?

If using substances: Provide/offer Narcan, safer use tips, recovery resources, Never Use Alone: 1-800-484-3731.

4. Transportation Hazards

Full Safety Planning Tool

☐ Do you sleep or walk near roads or train tracks?
☐ Do you have reflective gear or lights?
☐ Do you know how to stay safe while walking/biking?

If at risk: Offer reflectors/lights, plan safer routes, rail & highway tips.

5. Health & Medical Needs

☐ Any health conditions or missing meds?
☐ Any wounds, pain, breathing issues, or other symptoms?
☐ Do you have a doctor, clinic, or health insurance?

If urgent: Refer to clinic/street medicine, hygiene support, med/food access.

6. Mental Health & Crisis Risk

☐ Feeling very stressed, hopeless, or disconnected?
☐ History of mental health diagnosis or meds?
☐ Any suicidal thoughts or recent crisis?

If risk is present: 1-800-HOPE-135 / 211, https://portal.ct.gov/dmhas/programs-and-services/finding-services/crisis-services coping supports.

7. Environmental Hazards

☐ Do you have access to clean water and hygiene?
☐ Any rodent, insect, or air quality issues?
☐ Is your camp area safe from garbage/fire risk?

If unsanitary (environment): Offer hygiene kits, pest control tips, clean-up support.

8. Pet Safety (if applicable)

☐ Pet has food/water daily?
☐ Pet vaccinated and safe from traffic or weather?
☐ Any emergency plan if separated?

If at risk: Offer vet care, food options, leashes, shelters/fostering options.

Final Step: Record any plans made together to reduce immediate risks.